

MODEL QUESTION

Level: Master Degree

Time: 1:40 hrs

Subject: Health Education

Cross the best answers in your answer sheet

- Which of the following has not been considered in the definition of health given by WHO even it is popular and accepted globally?
 - Health is considered as dynamic process
 - Health is considered as static condition
 - Health is viewed from the physical aspects
 - Health viewed from the mental perspective
- Which of the following is considered first while developing curriculum in health education?
 - General objectives
 - National objective
 - Philosophy of course
 - Need identification.
- The unusual occurrence of disease in a community or region of disease is termed as-
 - pandemic
 - epidemic
 - sporadic
 - exotic
- Which theory of disease is based on the view that the health of an individual is regulated by supreme power?
 - Psychogenetic theory
 - Demonic theory
 - Humoral theory
 - Christian Science theory
- Which of the following foundations of health is given less priority?
 - Legal foundation
 - Sociological foundation
 - Scientific Foundation
 - Behavioural foundation
- Who are at the higher risk of iron deficiency?
 - Young children and women of child bearing
 - Newly married couples
 - Senior citizens
 - Adult
- Which is the outer part of an eye?
 - Eye ball
 - Cornea
 - Choroid
 - Retina
- Primary Health Care was declared by-
 - Alma-Ata Conference
 - Beijing Conference
 - Global Health Conference
 - ICPD Conference
- Which of the following parts of cell acts as a power house?
 - Mitochondria
 - Nucleus
 - Endoplasmic reticulum
 - Lysosome
- Which of the following glands produce insulin?
 - Thalamus
 - Pineal
 - Gonads
 - Pancreas
- The cover of testis is known as -
 - scrotum
 - foreskin
 - prepuce
 - seminal vesicles
- Exchange of gases between blood and cells is known as?
 - Inspiration
 - Expiration
 - Internal respiration
 - External respiration
- Which of the following organs is responsible for producing sound?
 - Lungs
 - Larynx
 - Pharynx
 - Tongue
- Commonly, which reproductive organ is the site for implanting fertilized egg?
 - Endometrium
 - Vagina
 - Cervix
 - Fallopian tube
- Which of the following diseases is called some time 'a hundred day' cough?
 - Malaria
 - Asthma
 - Whooping cough
 - Bronchial asthma
- All of the following are traditional concept of health education EXCEPT-
 - Health is a state of being sound mind in sound body
 - Health is state of being hale
 - Health fundamentally, is a function of adjustment.
 - Health is a state of being free from diseases
- Organ which acts for transferring of heredity characteristic is known as?
 - D.N.A
 - ribosome
 - mitochondria
 - golgi body
- Which disease is also known as Koch's disease?
 - Malaria
 - Tuberculosis
 - Chicken pox
 - Dengue fever

19. Which of the following teaching methods is suitable for primary grade to teach good health habit?
- Story telling
 - Demonstration
 - Role play
 - Exhibition
20. Which of the following mental disease was formerly known as "[hysteria](#)"?
- Neurosis
 - Depression
 - conversion disorder
 - Schizophrenia
21. All the following are projective teaching aid EXCEPT-
- Slide
 - Microfiche
 - Graph
 - Video
22. Which of the following is a good example of teaching through game?
- Experimental learning
 - Independent learning
 - Cooperative
 - Dramatization
23. Which of the following is direct teaching?
- Case study
 - Inquiry
 - Reflective discussion
 - Guided learning
24. According to edger Dale's cone of experience children start leaning through-
- real experience
 - exhibition
 - dramatization
 - story telling
25. Which of the following vectors is responsible for transmitting Kala-azar?
- House fly
 - Mosquito
 - Butterfly
 - Sandfly
26. Which of the following worm infestation is common in Nepal?
- Round worm
 - Tape worm
 - Hook worm
 - Pin worm
27. Which of the following vectors spreads diarrhoea?
- House fly
 - Mosquito
 - Cockroach
 - Flea
28. Which of the following is air borne disease?
- Dysentery
 - Tuberculosis
 - Gonorrhoea
 - HIV/AIDS
29. Encephalitis is the inflammation of-
- Heart
 - brain
 - large intestine
 - liver
30. Which of the following diseases is sometime known as hydrophobia?
- Rabies
 - Scabies
 - Jaundice
 - Meningitis
31. Which of the following disease attacks in the joint?
- Scabies
 - Ulcer
 - Gastritis
 - Arthritis
32. Developing hard chancre is the symptom of -
- HIV/AIDS
 - Syphilis
 - Gonorrhoea
 - Genital warts
33. What is the causative agent of scabies?
- Louse
 - Ring worm
 - Flea
 - Itch mite
34. Which of the following are air born diseases?
- Common cold and tuberculosis
 - Cholera and typhoid
 - Elephantitis and dengue fever
 - HIV/AIDS and STDs
35. Which of the following would be most appropriate for students to demonstrate skills of first aid treatment?
- Role playing
 - Lecturing
 - Showing a poster
 - Discussion
36. Which of the following is student centered method of teaching?
- Question answer
 - Demonstration
 - Problem solving
 - Story telling
37. Which of the following is teacher centered method of teaching?
- Demonstration
 - Peer teaching
 - Project
 - Dramatization
38. Which of the following step comes after data collection in problem solving method?
- Formulation of hypothesis
 - Data collection
 - Drawing Conclusion
 - Testing hypothesis
39. What kind of sampling is suitable when facing difficulty in finding target respondents while collecting data on sensitive issue like HIV/AIDS?
- Systematic sampling
 - Cluster sampling
 - Snowball sampling
 - Accidental sampling
40. Which of the following tools is used to collect qualitative data?
- Observation check list
 - Focus group discussion guideline
 - Likert's attitude test
 - Closed questionnaire

41. What is the primary source of data?
 a. Published articles
 b. Data collected from the field study
 c. Published reports
 d. Unpublished thesis
42. Which of the following is the single dose vaccine?
 a. DPT
 b. Polio
 c. BSG
 d. TT
43. Which of the following is deficiency in breast milk?
 a. calcium
 b. vitamin 'D'
 c. iron
 d. essential fatty acid
44. Deficiency of vitamin 'C' in food causes -
 a. marasmus
 b. goitre
 c. kwashiorkor
 d. scurvy
45. The example of hallucinogen drug is -
 a. alcohol
 b. nicotine
 c. tranquilizer
 d. marijuana
46. Symptoms of drug addict like stomach ache, head ache or illness for some days after leaving immediately taking drug is termed as-
 a. drug misuse
 b. drug withdrawal
 c. drug addiction
 d. drug use
47. Which of the following needs is defined by experts?
 a. Felt need
 b. Normative need
 c. Expressed need
 d. Comparative need
48. Which of the following comes under the group of audio-visual media?
 a. Picture
 b. Slide
 c. Graphic material
 d. Motion picture
49. Which of the following comes under physical environment of school health programme?
 a. Health instruction
 b. Screening test
 c. Extra-curricular activities
 d. Management of waste materials
50. Which of the following is the part of appraisal aspect of school health programme?
 a. Prevention of communicable diseases
 b. School safety programme
 c. Provision of health counselling
 d. Vision screening test
51. Blocking routes of transmission of communicable disease is the part of
 a. curative aspect
 b. preventive aspect
 c. rehabilitative aspect
 d. appraisal aspect
52. Which of the following is the example of remedial aspect of health service?
 a. Follow –up programme
 b. Vision screening
 c. Emergency care
 d. Oral health examination
53. Which of the following toilets is useful for village areas where agriculture is taken as major occupation?
 a. Sulav Sauchalaya
 b. Pit toilet
 c. Toilet with commode
 d. Burial
54. Purest water in nature is -
 a. Ground water
 b. Rain water
 c. Surface water
 d. Stream water
55. Hardness of water may be defined as:
 a. Free from disease agents
 b. Pleasant in taste
 c. Soup destroying power
 d. Usable for domestic purpose
56. The successive stages of purification of water on large scale is:
 a. chlorination, storage, filtration
 b. filtration, storage, chlorination
 c. filtration, chlorination, storage
 d. storage, filtration, chlorination
57. There are thousands of species of snakes and most of them are:
 a. deadly poisonous
 b. nonpoisonous
 c. neurotoxic
 d. haemotoxic
58. Four tailed bandage is particularly used in-
 a. head
 b. chin or nose
 c. eyes
 d. external ear
59. Which of the following is associated to psychological hazard in industry?
 a. Lack of awareness
 b. Fantasy
 c. Slippery stairs
 d. Cold store
60. Which of the following is chief source of Vitamin 'A'?
 a. Turnip
 b. Potato
 c. Carrot
 d. Radish
61. Vitamin 'A' is necessary for keeping healthy:
 a. ears
 b. eyes
 c. skin
 d. tongue

62. Which of the following is prepared first for conducting community health programme?
- Preparation of Gantt chart
 - Preparation of action programme
 - Conduction of ocular survey
 - Formulation of community health council
63. What should be done after formulating community health council?
- Identification of community health problems and needs
 - Framing action plan
 - Dissemination of community health situation
 - Data collection
64. Which of the following is the special characteristic of community organization?
- Programme is developed and launched based on community participation
 - Programme is designed and implemented based on planner's decision
 - Programmes are launched based on top bottom approach
 - Programmes are developed and run by elite persons.
65. Why do green leafy vegetables have good laxative property?
- It contains minerals
 - It is made with chlorophyll content
 - It has fiber content
 - It contains enough amount of water
66. When drug is taken unknowingly is called:
- Drug misuse
 - drug tolerance
 - drug abuse
 - drug addiction
67. Using drugs as per prescription of physician is:
- Drug use
 - drug withdrawal
 - drug tolerance
 - drug addiction
68. Which of the following is considered as major mental disease?
- Neurosis
 - Psychosis
 - Epilepsy
 - Personality disorder
69. Band of material used to provide support and protection for injured arms, legs, wrists and hand etc. is called -
- bandage
 - plaster
 - sling
 - splint
70. Which of the following is chief source of protein?
- Fish
 - Mutton
 - Goat
 - Soy beans
71. All the following are the organic causes of mental disease EXCEPT:
- head injury
 - encephalitis
 - tuberculosis
 - stress
72. Which of the condition has not been considered in the Primary Health Care?
- It should be easily adaptable
 - Its activities should be based on modern medical equipments
 - Its cost should be affordable by the community
 - It should be acceptable to community
73. When the counselor provides guidance after listening problems and needs of client in detail it is called-
- Directive approach
 - Nondirective approach
 - Mixed approach
 - Eclectic approach
74. What is the probability of getting pregnancy if Norplant is used effectively and correctly?
- 0.5%
 - 0.3%
 - 0.1%
 - 0.8%
75. What is the objective of health education?
- Informing people, developing awareness, motivating people and guiding into actions
 - Imparting knowledge on personal health and communicable diseases
 - Providing first aid care to the victims of accidents
 - Giving knowledge on youth friendly health care